

Stage One Dance Studio

Parent/Student Policy Book

Classroom Attire and Conduct

1. All students are required to wear pink tights and a black leotard for all classes. Label all dancewear and bags.

Ballet (all levels) need canvas or leather pink ballet shoes. Pre-Ballet through Level 2 need a full sole ballet shoe unless told otherwise. Levels 3-6 need a split sole ballet shoe. All introductory level ballet classes require a full sole ballet shoe. Above the knee, one layer skirts or warm-up shorts are acceptable in all ballet classes. Ballet wrap sweaters are allowed during warm-up only. Tank tops will not be permitted in class.

Pointe Your instructor will guide you in purchasing pointe shoes upon entering pointe class. No skirts or tanks will be permitted in any pointe class. Students are placed in Pointe class by their instructor.

Tap Black tap shoes are required for all tap classes. Pre-Tap- Level 2 need a full sole lace-up or MaryJane tap shoe. Levels 3-5 may use a split sole tap shoe. Form fitting shorts or capris may be worn in all tap classes

Lyrical Ballet shoes are required for Lyrical 3 and 4. Tan Freeforms or jazz shoes are required for Levels 5 and 6. Form fitting shorts or capris may be worn in all lyrical classes. Tank tops will not be permitted in class. No shoes are required for Leap, Listen and Learn.

Hip Hop Hip Hop and Bop 1 and 2 dance barefoot. Hip Hop levels 3-6 require black jazz shoes or jazz sneakers. Cool hip hop clothes may be worn over tights and leotard!

Musical Theatre Tan jazz shoes are required for Musical Theatre. Form fitting shorts or capris may be worn.

Boys and Men Black ballet shoes (ballet) or black jazz/tap shoes (tap, hip hop) are required. Boys class dance barefoot. White or black t-shirts and black dance pants or tights are required for all boys and men. Dance belts are mandatory for ballet classes.

Pas de Deux Comfortable, free moving clothing is needed. Tights, leotards and ballet shoes are acceptable but not required.

Adult Level Classes Adults are free to wear form fitting clothing that inspires them to dance with tights and a leotard underneath. Required shoes are the same as the level program.

2. Hair must be pulled off the face and neck and secured in either a bun or braid for Ballet Levels 2-6 and all introductory levels . Ponytails are acceptable for pre-ballet through level 1. For all other classes, hair must be pulled off the face and neck, ponytails are acceptable. Students will not be allowed to enter class until they have appropriate dance hair. Hair must be in bun for Pointe and Partnering classes.
3. No gum, loose clothing or heavy jewelry will be allowed in any class.
4. Cover-ups are required for entering and leaving the studio. Dance shoes are not to be worn outside of the classroom. Street shoes are not allowed on any dance floor.

5. The instructor reserves the right to limit participation if the student is not in the proper attire or displays inappropriate behavior in the classroom. Dancers are expected to be respectful to the leaders of their class and to their fellow classmates. Poor behavior is not accepted.
6. Classes begin and end on time. Be prompt. All classes will enter the classroom together. Please line up at the door and wait for your instructor to tell you when to enter. If you are late to class, check in at the front desk and the desk worker will escort you into the classroom. Parents/caregivers are not to leave until their dancer has been taken into class and should always arrive before class is dismissed.
7. All classes are closed to viewing. Each door has a window for a little glimpse and parents of younger dancers are encouraged to wait in the lobby area.
8. For your child's safety, please escort him/her in and out of the studio when coming to class. Students must remain inside the studio until the parent/caregiver arrives.

Inclement Weather

In the event of bad weather, class status will be posted by 2:00pm by calling the studio at 528-8238, checking your email, or by checking online at www.stageonedancer.com. Classes may or may not be cancelled if schools have been cancelled. You are responsible for checking on the status of classes.

Attendance and Make-up Classes

1. Class attendance is important for the training of Stage One dancers. We discourage missing class but understand that some situations cannot be avoided. If you do have to miss, we encourage all dancers to make-up missed classes during the first semester which runs August through December. Please consult with your instructor for an appropriate class to attend. Absences are not prorated.
2. Recital season begins in January and concludes with the Spring Performance in April. For the benefit of yourself and your classmates, attendance during this time is mandatory and should take priority. Excessive absences will result in not performing.

Withdrawal/Class Change Policies and Fees

The Stage One dance year runs August - April.

If a student drops a class, a withdrawal form must be filled out at the front desk. There is a \$10 drop fee for each class dropped. You are responsible for payment until this form is complete.

If a student needs to change or add classes after the original registration form has been filled out, a class change form must be filled out at the front desk. There is a \$10 fee for each change made.

Studio Information

1. Stage One is not responsible for lost or damaged property. Please leave all valuable items at home.
2. No food or beverages are allowed in the dressing room areas at anytime. Food may be eaten in the lobby area. Please place recyclable items in designated receptacles.
3. Studio Office hours are Monday-Thursday 3:00-8:00 and Friday 3:00-7:00. The studio phone is 528-8238.
4. Please park in the parking lot in the rear of the building.
5. Stage One is a WiFi Hot Spot. Feel free to plug your computer in at the work stations provided for you.

Parent Involvement

We value the commitment each one of our Stage One families make to our studio. We strongly encourage parents and caregivers to stay active in their dancers' involvement with Stage One. If you would like to meet with your instructor to discuss class placement and opportunities, please make an appointment with the front desk. If you are interested in volunteering at events or at the front desk, please let us know.

Opportunities

We are passionate about what we do and we want to give our dancers every opportunity to be the best dancer they can be. We encourage our dancers to grow and learn more about their vast art everyday. Stage One offers a number of opportunities within our facility to better the dance education of our students such as exclusive workshops, extra performance opportunities, specialized training, travel, and seminars.

Stage One Dance Studio values the education of dance instructors and encourages any student who wishes to share their love of dance through teaching others. Classroom assistant opportunities are available for dancers who show they are capable and competent in class. Assistants work directly with the instructors and dancers at Stage One and perform in the teacher piece during recital. To learn more about teacher training and assistant positions, please see to the front desk.